

How to Talk About Memory Loss



Learn how to plan for successful, **lower-stress family discussions** about difficult topics like changes in memory, driving, and living alone.

FREE & open to the community!

For more information or to pre-register visit alzsd.org/classes or call **(858) 492-4400**.

**Monday,
August 14, 2023**

10 - 11:30 AM

**Oceanside Library -
Civic Center**

**330 N Coast Hwy
Oceanside, CA 92054**

Sign up:

